

## Part II Trigonometric Substitutions

Substitutions of  $\sin \theta$  or  $\tan \theta$  which are useful for integrands involving square roots of quadratics or unfactorable quadratics.

### Sine Substitutions

Make use of  $\cos^2 \theta + \sin^2 \theta = 1$  to simplify integrands involving  $\sqrt{a^2 - x^2}$  by letting  $x = a \sin \theta$

Ex.

$$\int \frac{1}{\sqrt{a^2 - x^2}} dx$$

$\sqrt{a^2 - x^2}$  suggests we let

$$x = a \sin \theta, \quad dx = a \cos \theta d\theta$$

$$\frac{x}{a} = \sin \theta, \quad \theta = \arcsin\left(\frac{x}{a}\right)$$

Then

$$\begin{aligned}\sqrt{a^2-x^2} &= \sqrt{a^2-a^2\sin^2\theta} \\ &= \sqrt{a^2(1-\sin^2\theta)} \\ &= a\sqrt{1-\sin^2\theta} \\ &= a\sqrt{\cos^2\theta} \\ &= a\cos\theta\end{aligned}$$

Rewrite the integral in terms of  $\theta$

$$\int \frac{1}{\sqrt{a^2-x^2}} = \int \frac{a\cos\theta \, d\theta}{a\cos\theta} = \int \frac{dx}{\sqrt{a^2-x^2}}$$

$$= \int d\theta$$

$$= \theta + C$$

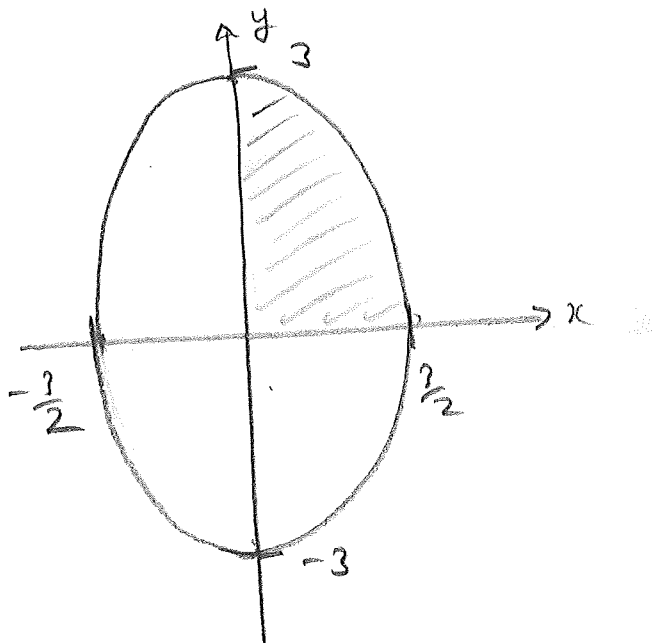
Convert back to  $x$

$$= \arcsin\left(\frac{x}{a}\right) + C$$

Ex. Find the area of the ellipse

$$4x^2 + y^2 = 9.$$

Ellipse looks like



$$y^2 = 9 - 4x^2$$

$$y = \pm \sqrt{9 - 4x^2}$$

$y = \sqrt{9 - 4x^2}$  gives the upper half of the ellipse.

From the picture, by symmetry

$$A = 4 \int_0^{\frac{3}{2}} \sqrt{9 - 4x^2} \, dx = 4 \text{ (area of top right quarter)}$$

$$\sqrt{9-4x^2} = \sqrt{3^2 - 2(2x)^2}$$

So we want

$$2x = 3 \sin \theta$$

$$x = \frac{3}{2} \sin \theta$$

Then  $\theta = \arcsin\left(\frac{2x}{3}\right)$  and

$$dx = \frac{3}{2} \cos \theta d\theta \quad \text{while}$$

$$\sqrt{9-4x^2} = \sqrt{9 - 4 \cdot \frac{9}{4} \sin^2 \theta}$$

$$= \sqrt{9 - 9 \sin^2 \theta}$$

$$= 3 \sqrt{1 - \sin^2 \theta}$$

$$= 3 \sqrt{\cos^2 \theta}$$

$$= 3 \cos \theta$$

Limits

When  $x = 0$ ,  $\theta = 0$

$x = \frac{3}{2}$ ,  $\theta = \frac{\pi}{2}$ .

So

$$A = 4 \int_0^{\frac{\pi}{2}} 3 \cos \theta \cdot \frac{3}{2} \cos \theta d\theta$$
$$= 18 \int_0^{\frac{\pi}{2}} \cos^2 \theta d\theta$$

Can do this by the table (IV-18)  
or we can use the identity

$$\cos^2 \theta = \frac{1}{2} (1 + \cos 2\theta)$$

to get

$$A = 18 \int_0^{\frac{\pi}{2}} \frac{1}{2} (1 + \cos 2\theta) d\theta$$
$$= 9 \int_0^{\frac{\pi}{2}} d\theta + 9 \int_0^{\frac{\pi}{2}} \cos 2\theta d\theta$$
$$= 9 \left[ \theta \right]_0^{\frac{\pi}{2}} + 9 \left[ \frac{\sin 2\theta}{2} \right]_0^{\frac{\pi}{2}}$$
$$= 9 \left( \frac{\pi}{2} - 0 \right) + 9 (0 - 0) = 9 \frac{\pi}{2}$$

Notes. For integrals of the type

$\int \sin^2 \theta d\theta$ , use the identity:

$$\sin^2 \theta = \frac{1}{2} (1 - \cos 2\theta).$$

The area of an ellipse



as shown is  $\pi ab$ .

In our case  $a = 3$ ,  $b = \frac{3}{2}$

and  $A = \pi (3) \left(\frac{3}{2}\right) = \frac{9\pi}{2}$ .

Of course, if  $a = b$ , we get

$$A = \pi a^2$$

as we'd expect!

# Tangent Substitutions

Integrals involving  $a^2 + x^2$  can be simplified by letting  $x = a \tan \theta$  and using the identity  $\sec^2 \theta = 1 + \tan^2 \theta$

Book says using  $\sin^2 \theta + \cos^2 \theta = 1$   
and  $\tan \theta = \frac{\sin \theta}{\cos \theta}$  which is basically the same

Ex  $\int \frac{1}{a^2 + x^2} dx$

Let  $x = a \tan \theta$  ,  $dx = a \sec^2 \theta d\theta$

$$\frac{x}{a} = \tan \theta$$

$$\theta = \arctan\left(\frac{x}{a}\right)$$

$$\begin{aligned} a^2 + x^2 &= a^2 + a^2 \tan^2 \theta \\ &= a^2 (1 + \tan^2 \theta) \end{aligned}$$

$$= a \sec^2 \theta \quad \text{as } \sec^2 \theta = 1 + \tan^2 \theta.$$

Rewrite

$$\int \frac{1}{a^2 + x^2} dx = \int \frac{a \sec^2 \theta d\theta}{a^2 \sec^2 \theta} = \int \frac{d\theta}{a}$$

$$= \frac{1}{a} \int d\theta$$

$$= \frac{\theta}{a} + C$$

$$= \frac{1}{a} \arctan\left(\frac{x}{a}\right) + C$$



Ex. Use a tangent substitution to show

$$\int_0^1 \sqrt{1+x^2} dx = \int_0^{\frac{\pi}{4}} \sec^3 \theta d\theta$$

and interpret these integrals in terms of area.

Let  $x = \tan \theta$

$$\theta = \arctan x$$

$$dx = \sec^2 \theta d\theta$$

$$\sqrt{1+x^2} = \sqrt{1+\tan^2 \theta}$$

$$= \sqrt{\sec^2 \theta}$$

$$= \sec \theta$$

### Limits

When  $x=0, \theta=0$

$x=1, \theta = \frac{\pi}{4}$  ( $\tan \frac{\pi}{4} = 1$ ).

Rewrite.

$$\int_0^1 \sqrt{1+x^2} dx = \int_0^{\frac{\pi}{4}} \sec \theta \cdot \sec^2 \theta d\theta$$

$$= \int_0^{\frac{\pi}{4}} \sec^3 \theta d\theta$$

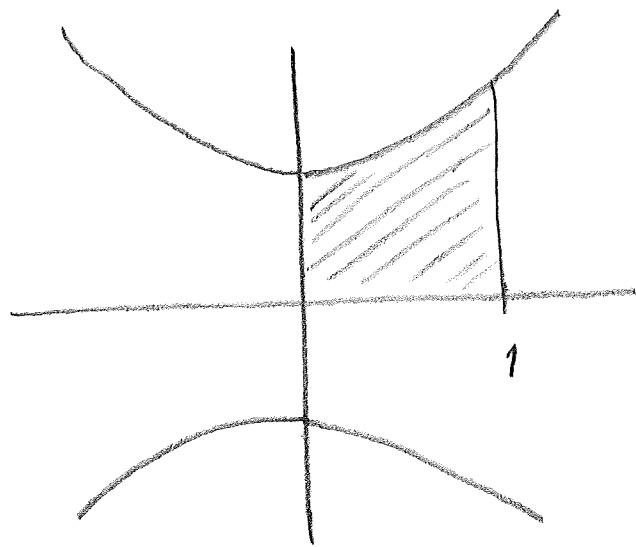
$$= \int_0^{\frac{\pi}{4}} \frac{1}{\cos^3 \theta} d\theta.$$

Interpretation

$$\text{Let } y = \sqrt{1+x^2}$$

$$y^2 = 1+x^2$$

$$y^2 - x^2 = 1$$



This is a hyperbola and the integral is the area under the part of the hyperbola as shown.

Completing the Square to Use  
a Trigonometric Substitution.

Ex  $\int \frac{3}{\sqrt{2x-x^2}}$

Need to complete the square in  $2x-x^2$

$$2x-x^2 = -(x^2-2x)$$

$$= -(x^2-2(1)x)$$

$$= -(x^2-2(1)x+1^2-1^2)$$

$$= -(x-1)^2-1^2$$

$$= 1-(x-1)^2$$

Rewrite the integral

$$\int \frac{3}{\sqrt{2x-x^2}} dx = \int \frac{3}{\sqrt{1-(x-1)^2}} dx$$

Suggests the subst.

$$x-1 = \sin \theta$$

$$\theta = \arcsin(x-1).$$

$$dx = \cos \theta d\theta$$

So

$$\int \frac{3}{\sqrt{1-(x-1)^2}} dx = \int \frac{3 \cos \theta}{\sqrt{1-\sin^2 \theta}} d\theta$$

$$= \int \frac{3 \cos \theta}{\sqrt{\cos^2 \theta}} d\theta$$

$$= \int \frac{3 \cos \theta}{\cos \theta} d\theta$$

$$= 3 \int d\theta$$

$$= 3\theta + C$$

$$= 3 \arcsin(x-1) + C$$

Ex.  $\int \frac{1}{x^2+x+1} dx$

Completing the square, we get

$$\begin{aligned}x^2+x+1 &= x^2+2\left(\frac{1}{2}\right)x+1 \\&= x^2+2\left(\frac{1}{2}\right)x+\left(\frac{1}{2}\right)^2-\left(\frac{1}{2}\right)^2+1 \\&= \left(x+\frac{1}{2}\right)^2+\frac{3}{4} = \left(x+\frac{1}{2}\right)^2+\left(\frac{\sqrt{3}}{2}\right)^2\end{aligned}$$

So  $\int \frac{1}{x^2+x+1} dx = \int \frac{1}{\left(x+\frac{1}{2}\right)^2+\left(\frac{\sqrt{3}}{2}\right)^2} dx$

Suggests the tangent substitution

$$x+\frac{1}{2} = \frac{\sqrt{3}}{2} \tan \theta$$

$$\frac{2}{\sqrt{3}}\left(x+\frac{1}{2}\right) = \tan \theta$$

$$\theta = \arctan\left(\frac{2}{\sqrt{3}}\left(x+\frac{1}{2}\right)\right)$$

$$dx = \frac{\sqrt{3}}{2} \sec^2 \theta d\theta$$

$$\begin{aligned} \left(x + \frac{1}{2}\right)^2 + \left(\frac{\sqrt{3}}{2}\right)^2 &= \left(\frac{\sqrt{3}}{2}\right)^2 \tan^2 \theta + \left(\frac{\sqrt{3}}{2}\right)^2 \\ &= \left(\frac{\sqrt{3}}{2}\right)^2 (\tan^2 \theta + 1) \\ &= \left(\frac{\sqrt{3}}{2}\right)^2 (\sec^2 \theta) \end{aligned}$$

$$\int \frac{1}{\left(x + \frac{1}{2}\right)^2 + \left(\frac{\sqrt{3}}{2}\right)^2} dx = \int \frac{\frac{\sqrt{3}}{2} \sec^2 \theta}{\left(\frac{\sqrt{3}}{2}\right)^2 \sec^2 \theta} d\theta$$

$$= \frac{1}{\left(\frac{\sqrt{3}}{2}\right)} \int d\theta$$

$$= \frac{2}{\sqrt{3}} \theta + C$$

$$= \frac{2}{\sqrt{3}} \arctan\left(\frac{2}{\sqrt{3}}(x+1)\right) + C$$