

## § 7.1 Integration by Substitution

Consider the following indefinite integral

$$\int 3x^2 \cos(x^3) dx$$

$3x^2 \cos(x^3)$  looks like the derivative of a composite fn which comes from the chain rule.

Indeed

$$\begin{aligned} \frac{d}{dx} (\sin(x^3)) &= \cos(x^3) \cdot \frac{d}{dx} (x^3) \\ &= \cos(x^3) \cdot 3x^2 \end{aligned}$$

$$\boxed{\text{Reminder: } \frac{d}{dx} (f(g(x))) = f'(g(x)) \cdot g'(x)}$$

So  $\sin(x^3)$  is an antid of  $3x^2 \cos(x^3)$  and thus

$$\int 3x^2 \cos(x^3) dx = \sin(x^3) + C.$$

More generally, if  $f, g$  are fns.  
and  $f$  has an antid.  $F$ , then by  
the chain rule

$$\begin{aligned}\frac{d}{dx} (F(g(x))) &= F'(g(x)) \cdot g'(x) \\ &= f(g(x)) \cdot g'(x) \text{ as } F' = f.\end{aligned}$$

Thus  $F(g(x))$  is an antid. of  $f(g(x)) \cdot g'(x)$   
and so

$$\int f(g(x)) \cdot g'(x) dx = F(g(x)) + C.$$

Strategy is to spot the chain rule  
pattern in the integrand - i.e. find  $f$  and  
 $g$ . Best bet is usually to go for the  
inside part  $g$  first.

e.g. in the last example,  $g(x) = x^3$ .

Ex

$$a) \int 2e^{2x} dx = e^{2x} + C \quad - \quad g(x) = 2x$$

$$b) \int 2x \cos(x^2+1) = \sin(x^2+1) + C \quad - \quad g(x) = x^2+1$$

$$c) \int 2t e^{t^2+1} dt = e^{t^2+1} + C$$

When the pattern isn't perfect.

Ex.

$$\int x^2 \cos(x^3) dx.$$

Recall from before that  $\frac{d}{dx} (\sin(x^3)) = 3x^2 \cos(x^3)$ .

We are out by a factor of 3 and we can get round this by writing

$$\int x^2 \cos(x^3) dx = \frac{1}{3} \int 3x^2 \cos(x^3) dx = \frac{1}{3} \sin(x^3) + C.$$

A more systematic method than the 'guess and check' method we have already seen is the method of substitution.

## Steps for the Method of Substitution

1. Let  $w$  be the 'inside' fn

$$\text{Then } dw = w'(x) dx = \frac{dw}{dx} \cdot dx.$$

2. Rewrite the integral as an integral in  $w$

3. Evaluate the integral in  $w$ .

4. Convert  $w$  back to  $x$ .

Ex.  $\int 3x^2 \cos(x^3) dx$

Let  $w = x^3$ , so  $dw = 3x^2 dx$ .

Then

$$\begin{aligned} \int 3x^2 \underbrace{\cos(x^3)}_{\cos(w)} dx &= \int \cos(w) dw \\ &= \sin(w) + C \\ &= \sin(x^3) + C. \end{aligned}$$

## Why substitution works

Let  $f, g$  be fns and let  $F$  be an antid. of  $f$  (as before).

We showed earlier (using the chain rule) that

$$\int f(g(x)) \cdot g'(x) dx = F(g(x)) + C.$$

Now let  $w = g(x)$ , so  $dw = g'(x) dx$ .

The integral can now be written as

$$\begin{aligned} \int f(w) dw &= F(w) + C && \text{as } F \text{ is} \\ & && \text{an antid of } f \\ &= F(g(x)) + C. \end{aligned}$$

Thus

$$\int f(g(x)) \cdot g'(x) dx = \int f(w) dw, \quad w = g(x).$$

What we gain here is that the integral on the rhs. is simpler than the one on the lhs.

Ex

$$\int t e^{t^2+1} dt$$

Inside fn is  $t^2+1$ .

So let  $w = t^2+1$ , and then

$$dw = w'(t)dt = 2t dt$$

Close to  $t dt$  but not quite the same.

However  $\frac{dw}{2} = t dt$

and we can rewrite the integral as

$$\begin{aligned} \int t e^{t^2+1} dt &= \int e^w \cdot \frac{dw}{2} = \frac{1}{2} \int e^w dw \\ &= \frac{1}{2} e^w + C \\ &= \frac{1}{2} e^{t^2+1} + C \end{aligned}$$

Ex.  $\int x^3 \sqrt{x^4 + 5} dx$

Inside fn is  $x^4 + 5$ , so let

$$w = x^4 + 5$$

$$dw = 4x^3 dx$$

Then  $\frac{dw}{4} = x^3 dx$  - matches!

Rewrite

$$\int \underbrace{x^3}_{\frac{dw}{4}} \underbrace{\sqrt{x^4 + 5}}_{\sqrt{w}} dx = \frac{1}{4} \int \sqrt{w} dw$$

$$= \frac{1}{4} \int w^{1/2} dw$$

$$= \frac{1}{4} \frac{w^{3/2}}{\frac{3}{2}} + C$$

$$= \frac{1 \cdot 2}{4 \cdot 3} w^{3/2} + C$$

$$= \frac{1}{6} (x^4 + 5)^{3/2} + C$$

$$\int x^n dx = \frac{x^{n+1}}{n+1} + C$$

$n \neq -1$



## WARNING

The only 'mismatch' in the pattern which can be fixed is being out by a multiplicative constant.

e.g.

For

$$\int x^2 \sqrt{x^4 + 5} \, dx$$

letting  $w = x^4 + 5$  won't work as

$$dw = 4x^3 \, dx$$

and there isn't a nice way to write

$$x^2 \, dx$$

in terms of  $w$  and  $dw$  only.

Ex.

$$\int e^{\cos \theta} \cdot \sin \theta d\theta$$

Inner fn

$$w(\theta) = \cos \theta$$

$$dw = -\sin \theta d\theta,$$

$$\text{so } -dw = \sin \theta d\theta.$$

Get

$$-\int e^w dw = -e^w + C$$

$$= -e^{\cos \theta} + C$$

Ex.

$$\int \frac{e^t}{1+e^t} dt.$$

If we rewrite this slightly as

$$\int e^t \cdot \left( \frac{1}{1+e^t} \right) dt,$$

we see that the inside fn is  $w(t) = 1+e^t$

Then  $w = 1 + e^t$   
 $dw = e^t dt$

So  $\int e^t \cdot \left( \frac{1}{1+e^t} \right) dt = \int \frac{1}{w} dw$

$\frac{1}{w} = \ln|w| + C$   $\left[ \int \frac{1}{x} dx = \ln|x| + C \right]$

$= \ln|1+e^t| + C$

Ex.  $\int \tan \theta d\theta = \int \frac{\sin \theta}{\cos \theta} d\theta = \int \left( \frac{1}{\cos \theta} \right) \cdot \sin \theta d\theta$

Let  $w = \cos \theta$   
 $dw = -\sin \theta d\theta$   
 $-dw = \sin \theta d\theta$

So  $\int \tan \theta d\theta = -\int \frac{1}{w} dw = -\ln|w| + C$   
 $= -\ln|\cos \theta| + C$

$= \ln|\sec \theta| + C, \quad \sec \theta = \frac{1}{\cos \theta}$

# Definite Integrals by Substitution

Ex.  $\int_0^2 x e^{x^2} dx.$

Two methods

Method 1

Use substitution as before to first find an antiderivative. Then use FTC with the original limits.

Inside fn is  $x^2$ , so let  $w = x^2$

$$dw = 2x dx$$

$$\frac{dw}{2} = x dx.$$

$$\text{So } \int x e^{x^2} dx = \frac{1}{2} \int e^w dw = \frac{e^w}{2} + C$$

$$= \frac{e^{x^2}}{2} + C.$$

Thus an antiderivative of  $xe^{x^2}$  is  $\frac{e^{x^2}}{2}$  and  
so by FTC

$$\begin{aligned}\int_0^2 xe^{x^2} dx &= \left[ \frac{1}{2} e^{x^2} \right]_0^2 \\ &= \frac{1}{2} e^{2^2} - \frac{1}{2} e^{0^2} \\ &= \frac{1}{2} e^4 - \frac{1}{2} e^0 \\ &= \frac{1}{2} (e^4 - 1)\end{aligned}$$

Method 2 Again use substitution, but instead of converting back to  $x$ , change the limits in  $x$  to limits in  $w$ .

Again, let  $w = x^2$ .

When  $x = 0$  (lower limit),  $w = 0$

$x = 2$  (upper limit),  $w = 4$ .

So

$$\int_0^2 x e^{x^2} dx = \int_0^4 \frac{e^w}{2} dw$$

$$= \left[ \frac{e^w}{2} \right]_0^4$$

$$= \frac{e^4}{2} - \frac{e^0}{2}$$

$$= \frac{1}{2} (e^4 - 1) \quad \text{as before.}$$

Which method you choose is up to you.

Method 2 is usually quicker, but you need to remember to CHANGE YOUR LIMITS!

Ex. 
$$\int_0^{\frac{\pi}{4}} \frac{\tan^3 \theta}{\cos^2 \theta} \cdot d\theta$$

Two possible guesses for  $w$ .

$$w = \tan \theta$$

$$dw = \sec^2 \theta d\theta$$

$$= \frac{1}{\cos^2 \theta} d\theta \quad \checkmark$$

$$w = \sin \theta$$

$$dw = \cos \theta d\theta$$

doesn't involve  $\tan \theta$  X.

So stick with first choice.

Use method 2. Limits. When  $\theta = 0$ ,  $w = 0$

$$\theta = \frac{\pi}{4}, w = 1$$

Get

$$\int_0^{\frac{\pi}{4}} \frac{\tan^3 \theta}{\cos^2 \theta} d\theta$$

*(Note: In the original image, the integrand is circled and labeled with  $w^3$  and  $dw$ )*

$$= \int_0^1 w^3 dw$$

$$= \left[ \frac{w^4}{4} \right]_0^1 = \frac{1}{4} - 0 = \frac{1}{4}$$

Ex.

$$\int_1^3 \frac{dx}{5-x}$$

Let  $w = 5-x$ ,  $dw = -dx$   
 $-dw = dx$ .

Limits when  $x = 1$ ,  $w = 4$   
 $x = 3$ ,  $w = 2$ .

Get  $\int_4^2 -\frac{dw}{w} = -\int_4^2 \frac{dw}{w}$

Limits wrong way round, but swapping the limits changes the sign of the integral and so allows us to get rid of the minus sign

$$= \int_2^4 \frac{dw}{w} = \left[ \ln|w| \right]_2^4$$

$$= \ln 4 - \ln 2$$

$$= \ln\left(\frac{4}{2}\right) = \ln 2 \approx 0.693.$$



## More Complex Substitutions

Ex.  $\int \sqrt{1+\sqrt{x}} \, dx$

Again let  $w$  be the 'inside' fn, i.e.

$$w = 1 + \sqrt{x}, \quad dw = \frac{1}{2\sqrt{x}} dx, \quad dx = 2\sqrt{x} dw$$

Now  $w = 1 + \sqrt{x}$

$$w - 1 = \sqrt{x}$$

So  $dx = 2\sqrt{x} dw = 2(w-1)dw$

Rewrite.

$$\int \sqrt{1+\sqrt{x}} \, dx = \int \sqrt{w} \cdot 2(w-1)dw$$

$$= 2 \int (w\sqrt{w} - \sqrt{w}) dw$$

$$= 2 \int (w^{3/2} - w^{1/2}) dw$$

$$= 2 \left( \frac{2}{5} w^{5/2} - \frac{2}{3} w^{3/2} \right) + C$$

Convert back  
to  $x$ .

$$= \frac{4}{5} (1+\sqrt{x})^{5/2} - \frac{4}{3} (1+\sqrt{x})^{3/2} + C.$$

Ex.  $\int (x+7) \sqrt[3]{3-2x} \, dx.$

Let  $w$  be the inside fn.

$$w = 3 - 2x, \quad dw = -2dx, \quad dx = -\frac{dw}{2}.$$

Want  $x$  in terms of  $w$

$$w - 3 = -2x$$

$$3 - w = 2x$$

$$x = \frac{3-w}{2}$$

$$= \frac{3}{2} - \frac{w}{2}$$

$$x + 7 = \frac{3}{2} - \frac{w}{2} + 7$$

$$= \frac{17}{2} - \frac{w}{2}.$$

Rewrite:

$$\int (x+7) \sqrt[3]{3-2x} \, dx = \int \left(\frac{17}{2} - \frac{w}{2}\right) \cdot \sqrt[3]{w} \cdot -\frac{dw}{2}$$

$$= - \int \left( \frac{17}{4} - \frac{w}{4} \right) w^{\frac{1}{3}} dw$$

$$= - \int \left( \frac{17}{4} w^{\frac{1}{3}} - \frac{w^{\frac{4}{3}}}{4} \right) dw$$

$$= \int \left( \frac{w^{\frac{4}{3}}}{4} - \frac{17}{4} w^{\frac{1}{3}} \right) dw$$

$$= \frac{1}{4} \cdot \frac{w^{\frac{7}{3}}}{\frac{7}{3}} - \frac{17}{4} \cdot \frac{1}{\frac{4}{3}} w^{\frac{4}{3}} + C$$

$$= \frac{3}{28} w^{\frac{7}{3}} - \frac{51}{16} w^{\frac{4}{3}} + C$$

Convert back to  $x$ !

$$= \frac{3}{28} (3-2x)^{\frac{7}{3}} - \frac{51}{16} (3-2x)^{\frac{4}{3}} + C$$